

### ***Cataract Medication Schedule***

Place one drop of the following in the operated eye or eye to be operated on. Wait about 5 minutes between each eye drop.

**Start taking Zymar (or Vigamox) and Acular (or Nevanac) 3 days before surgery unless your surgeon specifies otherwise.**

#### **Zymar (or Vigamox)**

*Before surgery:* 1 drop 4 times daily

*After surgery:* 1 drop 4 times daily for one week, then stop

#### **Acular (or Nevanac)**

*Before surgery:* 1 drop 4 times daily

*After surgery:* 1 drop 4 times daily for one week, then

1 drop 3 times daily for one week, then

1 drop 2 times daily for one week, then

1 drop once a day for one week, then stop

#### **Pred Forte (or EconoPred)**

*Before surgery:* none

*After surgery:* 1 drop 4 times daily for one week, then

1 drop 3 times daily for one week, then

1 drop 2 times daily for one week, then

1 drop once a day for one week, then stop

**Artificial Tears** may be used as necessary every hour for dry eye symptoms (itchy or scratchy)

After surgery, begin placing the drops as soon as you get home unless you have a patch on the eye. If you have a patch, after dinner tonight, remove the patch and begin placing the eye drops into the operated eye according to the above schedule. You may then wear your glasses or sunglasses until you go to sleep, at which time you should wear your eye shield.

Continue this schedule unless instructed otherwise

For mild pain, you may take Tylenol or Extra Strength Tylenol. You may also be given a Diamox (Large Orange Pill) capsule, which should be taken for more severe eye pain.

**Please bring your post op kit** to your first post op visit

Call our office at 201-383-4775 if you have any questions