

# *Before*

## Surgery Instructions

### ***Things to Do Before Surgery***

Please read all the enclosed information.

**See your medical doctor** no later than one week prior to your surgery to make sure there are no medical reasons not to have surgery and to determine if any of your medications need to be stopped or modified. If your medical doctor does not do blood work, we can arrange it for you.

If you are currently taking eye drops or pills for your eye, continue them unless your doctor tells you otherwise.

Aspirin, aspirin containing products, and all blood thinners do not have to be stopped for cataract surgery unless your medical doctor specifies. Check with your medical doctor if you are not sure about your medication.

If you develop a fever, cough, or any changes in your general health or eyes prior to surgery, let us know as soon as possible.

**Do not eat or drink anything after midnight** prior to surgery. **Note:** *Patients having surgery at SurgiCare of Oradell in the afternoon may have clear liquids and toast at least 8 hours prior to surgery.*

If you have been given a **prescription for eye drops**, please fill it and start it before surgery as prescribed.

### ***Things to do the Day of Surgery***

Please bathe or shower the night before or morning of your surgery. It is important not to wear any makeup on the day of surgery. Please do not wear any jewelry, hair pins, or wigs. Contact lens wearers should not wear them on the day of surgery. Wear loose and comfortable clothing.

On the day of surgery, take any medication you normally take as well as your eye drops. If you are diabetic, take your insulin according to your medical doctor.

Please arrange for a ride home after surgery. You will not be allowed to drive yourself home. Transportation can be arranged if you have difficulties arranging your own.

### ***What Happens the Day of Surgery***

You will be contacted by the surgery center by the day before surgery to tell you what time to arrive for surgery. Go directly to the Admitting Office when you arrive.

The time spent in the hospital varies from 1 to 3 hours although the actual surgery usually takes about a half an hour.

The anesthesiologist will ensure your comfort during the operation. He will discuss this with you on the day of surgery. You will be awake during surgery, but will not feel pain.