

Before

Surgery Instructions

Things to Do Before Surgery

Please read all the enclosed information.

See your medical doctor no later than one week prior to your surgery to make sure there are no medical reasons not to have surgery and to determine if any of your medications need to be stopped or modified. If your medical doctor does not do blood work, we can arrange it for you.

If you are currently taking eye drops or pills for your eye, continue them unless your doctor tells you otherwise.

Please do not take aspirin or products containing aspirin for one week prior to surgery, if possible. Check with your medical doctor if you are not sure about your medication.

If you develop a fever, cough, or any changes in your general health or eyes prior to surgery, let us know as soon as possible.

Do not eat or drink anything after midnight prior to surgery. Do not drink any alcohol for at least one day before surgery. **Note:** *Patients having surgery at SurgiCare of Oradell may have clear liquids on the morning of surgery.*

If you have been given a **prescription for eye drops**, please fill it and start it before surgery as prescribed. They should be taken 1 drop 4 times a day in the eye to be operated on.

Things to do the Day of Surgery

Please bathe or shower the night before or morning of your surgery. It is important not to wear any makeup on the day of surgery. Please do not wear any jewelry, hair pins, or wigs. Contact lens wearers should not wear them on the day of surgery. Wear loose and comfortable clothing.

On the day of surgery, take any medication you normally take as well as your eye drops. If you are diabetic, take your insulin according to your medical doctor.

Please arrange for a ride home after surgery. You will not be allowed to drive yourself home. Transportation can be arranged if you are having surgery at SurgiCare of Oradell.

What Happens the Day of Surgery

Our office will contact you the week before surgery to tell you what time to arrive for surgery. Go directly to the Admitting Office when you arrive.

The time spent in the hospital varies from 1 to 3 hours although the actual surgery usually takes about a half an hour.

The anesthesiologist will ensure your comfort during the operation. He will discuss this with you on the day of surgery. You will be awake during surgery, but will not feel pain.